

Believe warm ups



★20 Yoo-hoo! *Placing head and chest register*

Look at focus 1 (see ★9) and imagine you can see a long-lost friend across a crowded supermarket – throw your arm and voice across three aisles with a ‘yoo-hoo’ at the top of your range. Feel your voice in your boots as you then say ‘it’s me!’ at your lowest pitch. This exercise is wonderful for finding high notes in a safe, quasi-operatic style. It makes everyone laugh and helps boys with changing voices to access their falsetto. If ever you have a problem getting a good sound in the higher sections, try singing a quick ‘yoo-hoo’ to place the voice safely and with rounded tone.

★21 Seven up (and down!) *Exploring intervals and placing the voice*

2 54 Tune each interval carefully. Try this exercise with both a staccato attack and then a legato line. You can try singing this also to ‘bah’ and ‘doo’.

★22 Ah! Oo! *To make a good legato sound*

2 55 Create a smooth, flowing sound, keeping voice placement consistent while experimenting with different qualities of the vowel sounds.

★23 Flying high *Finding the head voice*

2 56 Sing this sequence with light, head-tone and keep the vowels open.

